

## Clinical Dimensions of Alzheimer's Disease Reversal

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Suggestions for improvement invited.  
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### Top-Down Factors

thyroid hormones  
progesterone  
testosterone  
estadioil-estrone  
estriol  
cortisol  
neurotransmitters  
insulin resistance

### Pathologies

hypometabolism  
hemochromatosis  
heavy metal toxicity  
chemical toxicity  
chloramine  
formaldehyde  
perfumes, dyes, etc.  
gut permeability  
hypersensitivities  
autoimmune disease  
liver detox I II III  
polymorphisms  
apoE genotype  
polypharmacy  
inflammation  
aromatase  
IDO, tryptophan  
sequestration  
collagen deterioration  
circadian dissonance  
vitamin D insufficiency  
dental care  
amalgam fillings  
root canals  
jaw infections  
coagulopathy, fibrosis  
lung function, CO<sub>2</sub>, O<sub>2</sub>  
kidney function

### Lifestyle

diet and digestion  
activity, exercise  
drinking water  
breathing  
lung function  
blood gasses  
circulation  
blood pH  
coagulopathy  
fibrin - fibrosis  
insulin resistance  
negative ions  
sunlight

**each  
individual  
case**

### Bottom-Up Factors

vitamins and minerals  
hydration, electrolytes  
mitochondria  
beta-oxidation, ketosis  
pH balance  
redox potential  
body temperature